

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
	COURS COLLECTIFS						
06H30	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS BODYCOMBAT
07H30	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE
08H30	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX
09H30	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT
10H30	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM
11H30	LesMILLS SH'BAM	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE
12H30	LesMILLS BODYCOMBAT	LesMILLS SH'BAM	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS CXWORX	LesMILLS BODYCOMBAT	LesMILLS CXWORX
13H30	LesMILLS CXWORX	LesMILLS BODYCOMBAT	LesMILLS SH'BAM	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT
14H30	LesMILLS BODYBALANCE	LesMILLS CXWORX	LesMILLS BODYCOMBAT	LesMILLS SH'BAM	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM
15H30	LesMILLS BODYCOMBAT	LesMILLS BODYBALANCE	LesMILLS CXWORX	LesMILLS BODYCOMBAT	LesMILLS SH'BAM	LesMILLS CXWORX	LesMILLS BODYBALANCE
16H30	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS BODYBALANCE	LesMILLS CXWORX	LesMILLS BODYCOMBAT	LesMILLS SH'BAM	LesMILLS CXWORX
17H30	LesMILLS CXWORX	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	FITWAY CIRCUIT TRAINING	LesMILLS CXWORX	LesMILLS BODYCOMBAT	LesMILLS SH'BAM
18H30	18H00 FITWAY CAF	LesMILLS CXWORX	LesMILLS SH'BAM	FITWAY DANCING	18H45 FITWAY CIRCUIT TRAINING HIIT	LesMILLS CXWORX	LesMILLS BODYCOMBAT
19H30	LesMILLS SH'BAM	19H00 LesMILLS BODYCOMBAT	LesMILLS CXWORX	FITWAY STRETCH POSTURAL	FITWAY STRETCH POSTURAL	LesMILLS BODYBALANCE	LesMILLS CXWORX
20H30	LesMILLS CXWORX	20H00 LesMILLS BODYBALANCE	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS BODYBALANCE
21H30	LesMILLS BODYBALANCE	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS SH'BAM	LesMILLS BODYCOMBAT
22H00	LesMILLS BODYCOMBAT	LesMILLS SH'BAM	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS SH'BAM

