

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
	COURS COLLECTIFS						
06H30	LESMILLS SH'BAM	LESMILLS BODYCOMBAT	LESMILLS SH'BAM	LESMILLS BODYBALANCE	LESMILLS BODYCOMBAT	LESMILLS SH'BAM	LESMILLS CXWORX
07H30	LESMILLS BODYCOMBAT	LESMILLS SH'BAM	LESMILLS BODYCOMBAT	LESMILLS SH'BAM	LESMILLS BODYBALANCE	LESMILLS CXWORX	LESMILLS SH'BAM
08H30	LESMILLS CXWORX	LESMILLS BODYBALANCE	LESMILLS CXWORX	LESMILLS BODYCOMBAT	LESMILLS CXWORX	LESMILLS BODYBALANCE	LESMILLS BODYCOMBAT
09H30	LESMILLS BODYBALANCE	LESMILLS CXWORX	LESMILLS BODYBALANCE	LESMILLS SH'BAM	LESMILLS BODYCOMBAT	LESMILLS SH'BAM	LESMILLS BODYBALANCE
10H30	LESMILLS CXWORX	LESMILLS BODYCOMBAT	LESMILLS SH'BAM	LESMILLS CXWORX	meta fit	FITWAY BODYFORME	LESMILLS SH'BAM
11H30	LESMILLS BODYCOMBAT	LESMILLS BODYBALANCE	LESMILLS CXWORX	LESMILLS BODYCOMBAT	LESMILLS SH'BAM	FITWAY MEDIUM INTENSITY	LESMILLS CXWORX
12H30	meta fit	LESMILLS CXWORX	LESMILLS BODYBALANCE	LESMILLS CXWORX	LESMILLS BODYCOMBAT	LESMILLS SH'BAM	LESMILLS BODYBALANCE
13H30	FITWAY PILATES	LESMILLS BODYCOMBAT	LESMILLS BODYCOMBAT	LESMILLS SH'BAM	LESMILLS SH'BAM	LESMILLS BODYCOMBAT	LESMILLS CXWORX
14H30	LESMILLS CXWORX	LESMILLS SH'BAM	LESMILLS CXWORX	LESMILLS BODYCOMBAT	LESMILLS CXWORX	LESMILLS BODYBALANCE	LESMILLS SH'BAM
15H30	LESMILLS BODYCOMBAT	LESMILLS BODYBALANCE	LESMILLS BODYBALANCE	LESMILLS CXWORX	LESMILLS SH'BAM	LESMILLS CXWORX	LESMILLS BODYBALANCE
16H30	LESMILLS BODYBALANCE	LESMILLS BODYCOMBAT	LESMILLS CXWORX	LESMILLS SH'BAM	LESMILLS BODYBALANCE	LESMILLS SH'BAM	LESMILLS BODYCOMBAT
17H30	FITWAY STEP	FITWAY MEDIUM INTENSITY	LESMILLS BODYCOMBAT	FITWAY EQUILIBRE	LESMILLS BODYCOMBAT	LESMILLS BODYBALANCE	LESMILLS CXWORX
18H30	FITWAY CAF	FITWAY TBC	STRONG BY ZUMBA	FITWAY CIRCUIT TRAINING	meta fit	LESMILLS BODYCOMBAT	LESMILLS SH'BAM
19H30	FITWAY PILATES	LESMILLS BODYBALANCE	meta fit	FITWAY BODYFORME	LESMILLS SH'BAM	LESMILLS CXWORX	LESMILLS BODYBALANCE
20H30	ZUMBA FITNESS	LESMILLS BODYCOMBAT	LESMILLS CXWORX	LESMILLS SH'BAM	LESMILLS BODYBALANCE	LESMILLS BODYBALANCE	LESMILLS BODYCOMBAT
21H30	LESMILLS BODYCOMBAT	LESMILLS SH'BAM	LESMILLS SH'BAM	LESMILLS BODYBALANCE	LESMILLS BODYCOMBAT	LESMILLS SH'BAM	LESMILLS CXWORX
22H00	LESMILLS CXWORX	LESMILLS CXWORX	LESMILLS BODYCOMBAT	LESMILLS CXWORX	LESMILLS CXWORX	LESMILLS BODYCOMBAT	LESMILLS SH'BAM

