

	LUNDI	MARDI	MERCREDI	JEUDI	VENDREDI	SAMEDI	DIMANCHE
	COURS COLLECTIFS						
06H30	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM
07H30	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT
08H30	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX
09H30	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE
10H30	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	FITWAY CAF	LesMILLS SH'BAM
11H30	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT
12H30	LesMILLS BODYCOMBAT	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	FITWAY EXTREM INTENSITY	LesMILLS BODYCOMBAT	LesMILLS CXWORX
13H30	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE
14H30	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM
15H30	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT
16H30	LesMILLS BODYCOMBAT	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX
17H30	LesMILLS SH'BAM	FITWAY CIRCUIT TRAINING	LesMILLS BODYBALANCE	LesMILLS SH'BAM	FITWAY ÉQUILIBRE	LesMILLS CXWORX	LesMILLS BODYBALANCE
18H30	FITWAY GROSS FIVE	FITWAY EXTREM INTENSITY	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS BODYCOMBAT	LesMILLS BODYBALANCE	LesMILLS SH'BAM
19H30	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT
20H30	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX
21H30	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE
22H00	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM	LesMILLS BODYCOMBAT	LesMILLS CXWORX	LesMILLS BODYBALANCE	LesMILLS SH'BAM

